

RUTLAND HEALTH AND WELLBEING BOARD

03 March 2020

---HEALTH AND WELLBEING STRATEGY ---

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RECOMMENDATIONS

That the Rutland Health and Wellbeing Board:

1. Notes the current report and progress to date.

1. PURPOSE OF THE REPORT

- 1.1 This paper is to update the Rutland Health and Wellbeing Board on the work underway to update and renew the Health and Wellbeing Strategy
- 1.2 The Health and Wellbeing strategy will build on the outcomes from the refreshed JSNAs. The JSNAs are the statutory process by which a Local Authority and Clinical Commissioning Group assess the current and future health, care and wellbeing needs of the local community to inform local decision making. A JSNA integrates a range of data, on topics such as health, housing, transport, employment and education, to identify needs of strategic importance to health and wellbeing.
- 1.3 The purpose of the JSNA and subsequent Health and Wellbeing Strategy is to improve the health and wellbeing of the local community and reduce inequalities for all ages. It should be viewed as a continuous process of strategic assessment and planning with the aim to develop local evidence-based priorities for commissioning which will improve the public's health and reduce inequalities.
- 1.4 The JSNA is used to help to determine what actions Rutland County Council, the local NHS and other partners need to take to meet health and social care needs, and to address the wider determinants that impact on health and wellbeing. The JSNA informs and underpins the Rutland Joint Health and Wellbeing Strategy.

2. BACKGROUND AND MAIN CONSIDERATIONS

- 2.1 The renewed JSNA was approved by the Board on December 4th 2018, work then began on drafting the Health and Wellbeing Strategy.
- 2.2 A strategy development workshop took place on October 9th 2019, which involved key stakeholders and partners both internal and external to Rutland County Council. Key outcomes for the workshop were to set the strategic vision, agree overarching priority areas and agree action and ownership for each priority area.
- 2.3 The following priority areas were identified.
 - a) Active Communities
 - b) Getting people more physically active
 - c) Starting well and living well longer – a whole life approach
 - d) Improving the health for All by ensuring a special focus on specific groups
- 2.4 The draft strategy has been compiled, and is included in the papers, which outlines what each of the above priorities mean, details what the current situation is, what actions are already being taken, what further actions will be taken and the measures for success.
- 2.5 The strategy is a joint strategy to which all partners, stakeholders and communities will be able to make positive contributions. It becomes the overarching Health and Wellbeing Strategy to which other strategies and action plans for individual areas of work are aligned.
- 2.6 Further work to be undertaken is engagement with stakeholders and the wider communities about the vision and priorities to ensure that those that have been identified at the workshop are reflective and shared. The process of identification of groups/individuals with whom to engage has begun and the intention is to undertake the engagement over March to May. An engagement report will be produced in May in time for the final version of the strategy to go to the Board for sign off in June 2020.
- 2.7 Key questions to ask are what health and wellbeing means to them, what they think is needed to achieve it and how they think they can contribute to the health and wellbeing of their communities.

3. FINANCIAL IMPLICATIONS

- 3.1 The Health and Wellbeing Strategy contributes to robust fiscal management of public sector budgets by helping to ensure that service planning and development considers the changing patterns of need for health and social care services. It ensures that commissioned services are strategically aligned to deliver against the identified priorities.

- 3.2 Delivery of this strategy is being met by existing budgets such as the Public Health Grant. Potential savings arise through effective integration of health and social care. Improvements in the health of the population and a reduction in years lived in poor health in turn contribute to the reduction of health inequalities and treatment costs.
- 3.3 The Health and Wellbeing Strategy supports the matching of services to the population which in turn supports sound financial planning and robust allocation of resources

4. CONCLUSION AND SUMMARY OF THE REASONS FOR THE RECOMMENDATIONS

- 4.1 It is recommended that the Health and Wellbeing Board note the current report and progress to date.
- 4.2 The timetable is tight with a draft strategy presented to the Board meeting on March 3rd 2020 and the full strategy to be presented to Board in June 2020.

5. BACKGROUND PAPERS

- 6.1 There are no additional papers to the report.

6. APPENDICES

- 7.1 Appendix A: Draft Joint Health and Wellbeing Strategy 2020-2025

A Large Print or Braille Version of this Report is available upon request – Contact 01572 722577.